

# Doctor Discussion Guide

## Questions you may want to ask your doctor:

1. What's causing my child to wet the bed?

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2. When might he or she outgrow it?

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3. Are there things we can do at home to help?

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4. Can it help to restrict fluids before bed?

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5. What treatments or products are available?

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6. If I try an alarm, how long does it usually take to work?

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7. Are there medications that may help?

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